

RELATIONSHIPS EDUCATION

MODULE A Families

O3 - Love, security and stability in happy
family relationships

Year 3
Autumn Term: Lessons 1-2



Lesson Overview

Lessons 1-2: Love, security and stability in happy family relationships

**Engage
&
Activate**

Paired & Whole Class Activities

What is love?



20 minutes

**Explore
&
Explain**

Whole Class & Paired Activities

Five ways to express love



40 minutes

**Elaborate
&
Reflect**

Group & Independent Activities

Showing love to family



35 minutes

**Evaluate
&
Review**

Whole Class & Paired Activities

Allah is Al-Wadood



25 minutes

Lesson Plan

Lessons 1-2: Love, security and stability in happy family relationships

Aim

To appreciate the importance of love, security and stability in happy family relationships

Lesson Objectives

In this lesson pupils will:

Explore how we can give and receive love from our family members

Consider the importance of security and stability in being happy in our family life

Recognise that our Creator, Allah, loves us

Learning Outcomes

By the end of this lesson pupils will have:

Analysed five ways to express love

Created a love pledge to highlight how we can give and receive love from our family members

Discussed that Allah is Al-Wadood (the Most Loving), how we love Him and He loves us

Key Vocabulary

love

security

stability

receive

Resources



Resource sheets



Video



Pens/ Pencils



A3 Paper



Small envelopes



Felt pens /
Markers

Lesson Plan

Engage
&
Activate

Lessons 1-2: Love, security and stability in happy family relationships

Paired & Whole Class Activities

What is love?

Display Resource 1.

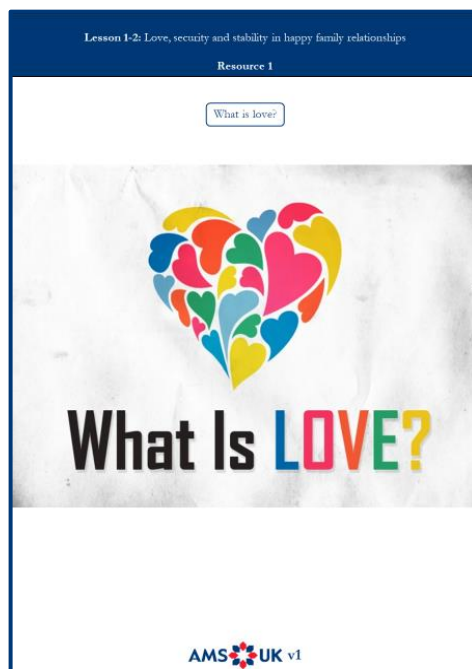
Ask pupils: What is love?

Give pupils **1 minute** to **discuss** the answer to the question with their partner.

Take feedback and **record** pupil responses on the whiteboard.

Responses could include:

- It's a strong feeling/emotion
- It's when you really like someone/something
- It's how I feel about my mum and dad
- It's the opposite of hate
- It means you really care about someone and you want good for them



Lesson Plan

Engage
&
Activate

Lessons 1-2: Love, security and stability in happy family relationships

Paired & Whole Class Activities

What is love?

Tell pupils to **close** their eyes and to **think** about someone they love.

Ask pupils: How do you show love to this person?

Take pupil responses. Responses could include:

- I hug them
- I tell them that I love them
- I buy them gifts
- I look after them

Explain that today we will be learning about how we can give and receive love to family members.

Introduce learning objectives and learning outcomes.

Discuss key vocabulary and **share** definitions.

love	a feeling of strong or constant affection for a person
security	being free from danger or threat
stability	to be firm in something
receive	to be given something

Lesson Plan

Explore
&
Explain

Lessons 1-2: Love, security and stability in happy family relationships

Whole Class & Paired Activities

Five ways to express love

Ask pupils: Who shows us love? (Allah, family members, friends, teachers etc.)

Ask pupils: How can we express love?

Take feedback.

Explain to pupils that we will **consider five** ways to express love.

1. Kind words – when someone says something nice to you, e.g. you look nice today
2. Kind actions – e.g. holding the door open, picking up something they dropped
3. Nice time – spending time with someone, e.g. playing a game together
4. Giving gifts – gifting someone just because you want to
5. Kind touch – e.g. hug, high five

Ask pupils to role-play in pairs, these **five** ways to express love.

Select some pairs to **perform one** of the **five** ways to the class.

Ask the audience to **decide** which of the **five** ways are being expressed in each role-play.

Ask pupils to **think** about which of the **five** ways to express love they could be better at.

Take feedback.

Lesson Plan

Elaborate
&
Reflect

Lessons 1-2: Love, security and stability in happy family relationships

Group & Independent Activities

Showing love to family

Preparation: Photocopy Resources 2a on A3 paper for each year group.

Place pupils in groups of **three** or **four**.

Give each group an **A3** copy of the, 'Showing love' worksheet (**Resource 2a**) and felt tip pens/markers.

Tell them to **discuss** and then **write** down as many examples as they can for each of the **five** ways to express love.

Take feedback from each group.

Ask pupils to **choose one** person in their family who has shown them love and to **choose** how they will show it back this week.

Give each pupil a, 'Love pledge' slip (**Resource 2b**) and a small envelope.

Ask them to **complete** the slip and to **place** it in the envelope.

Ask pupils to **give** their pledge to their chosen person when they go home.

Lesson Plan

Elaborate
&
Reflect

Lessons 1-2: Love, security and stability in happy family relationships

Group & Independent Activities

Showing love to family

Lesson 1-2: Love, security and stability in happy family relationships

Resource 2a

Showing love

- Kind words**
 - Can you think of something nice you've said to a family member in the last week?
 - E.g. Your hair looks nice or that was a good goal!
- Kind actions**
 - Can you think of a nice action you have done for a family member in the last week?
 - E.g. Holding the door open or helping someone tidy up.
- Nice time**
 - Can you think of time you've spent with a family member that you enjoyed in the last week?
 - E.g. Time in the park playing football, time styling each other's hair etc.
- Giving gifts**
 - Can you think of a gift you've given to a family member in the last week?
 - E.g. A homemade card or a flower you picked from the garden.
- Kind touch**
 - Can you think of a time when you have touched a family member in a kind way in the last week?
 - E.g. Given them a hug or a high-five.

AMS UK v1

Lesson 1-2: Love, security and stability in happy family relationships

Resource 2b

Love pledge

Dear

I pledge to:

.....

this week because you showed me love in this way:

.....

JazakAllahu Khayran (May Allah reward you with good).

From

Dear

I pledge to:

.....

this week because you showed me love in this way:

.....

JazakAllahu Khayran (May Allah reward you with good).

From

AMS UK v1

Explain to pupils that **one** of the ways that those that love us show us love is by providing us with security and stability.

Review definitions of security and stability and **ask** pupils: How do those that love us provide us with security and stability?

Discuss responses.

Responses could include:

- Make sure we have good routines
- Keep us safe
- Ensure we know our boundaries, e.g. where we can go and with whom
- Keep us well looked after

Lesson Plan

Evaluate
&
Review

Lessons 1-2: Love, security and stability in happy family relationships

Whole Class & Paired Activities

Allah is Al-Wadood

Ask pupils: Do you know who Al-Wadood is?

Explain that 'Al-Wadood' is **one** of the names of Allah and it means that He is the Most Loving. Allah loves His Prophets and Messengers and those who follow them (i.e. the believers), and they in turn love Him. Allah is more beloved to the believers than anything, even more than their parents and family!

Explain that today we have been learning about how we give and receive love from our family, but what about how we give and receive love from Allah, the One that is the most deserving of our love?

Ask pupils: How can we show that we love Allah? (By worshipping Him, by following the example of the Prophet ﷺ and by loving and helping others)

Ask pupils: How does Allah, Al-Wadood, show that He loves us? (He created us and He looks after us)

Read the hadith.

The Messenger of Allah ﷺ said:

'When Allah loves a slave, He says to Jibreel, 'I love so-and-so, so love him,' so Jibreel loves him and then calls out to the people of heaven, 'Allah loves so-and-so, so love him,' and the people of heaven love him, and then acceptance is placed in the Earth for him.'

Bukhari / Muslim

Explain that another way that Allah shows us that He loves us is by placing love in the hearts of others for us.

Lesson Plan

Evaluate
&
Review

Lessons 1-2: Love, security and stability in happy family relationships

Whole Class & Paired Activities

Allah is Al-Wadood

Review learning by referring to learning objectives and learning outcomes.

Pose questions to check understanding and clarify misconceptions using **think, pair, share**:

- What **five** ways to express love did we discuss today?
- How can we show we love those close to us?
- How does Allah, Al-Wadood show us love?
- Give **one** example of how those that love us keep us secure and stable.

Resource 1

What is love?



What Is LOVE?

Resource 2a

Showing love

1. **Kind words**

- Can you think of something nice you've said to a family member in the last week?
- E.g. Your hair looks nice or that was a good goal!

2. **Kind actions**

- Can you think of a nice action you have done for a family member in the last week?
- E.g. Holding the door open or helping someone tidy up.

3. **Nice time**

- Can you think of time you've spent with a family member that you enjoyed in the last week?
- E.g. Time in the park playing football, time styling each other's hair etc.

4. **Giving gifts**

- Can you think of a gift you've given to a family member in the last week?
- E.g. A homemade card or a flower you picked from the garden.

5. **Kind touch**

- Can you think of a time when you have touched a family member in a kind way in the last week?
- E.g. Given them a hug or a high-five.

Resource 2b

Love pledge

Dear

I pledge to:

.....

this week because you showed me love in this way:

.....

JazakAllahu Khayran (May Allah reward you with good).

From

Dear

I pledge to:

.....

this week because you showed me love in this way:

.....

JazakAllahu Khayran (May Allah reward you with good).

From