

RELATIONSHIPS EDUCATION

MODULE B Caring Friendships

O9 - Choosing and making friends

Year 1
Autumn Term: Lesson 2



Lesson Overview

Lesson 2: Choosing and making friends

Engage
&
Activate

Whole Class Activity

Friendship quiz



15 minutes

Explore
&
Explain

Whole Class & Independent Activities

Qualities of a good friend



15 minutes

Elaborate
&
Reflect

Whole Class & Paired Activities

How to make friends



20 minutes

Evaluate
&
Review

Whole Class & Paired Activities

Good friends



10 minutes

Lesson Plan

Lesson 2: Choosing and making friends

Aim

To know how to choose and make friends

Lesson Objectives

In this lesson pupils will:

Describe how to make friends

Recognise how it may feel not to have friends

Explore the qualities of a good friend, including kindness

Learning Outcomes

By the end of this lesson pupils will have:

Discussed how to be a better friend

Reflected on the type of friends they should have

Identified qualities of a good friend

Key Vocabulary

skill

quality

kindness

develop

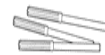
Resources



Resource sheets



Pens / Pencils



Felt tips /
Markers



Video

Lesson Plan

Engage
&
Activate

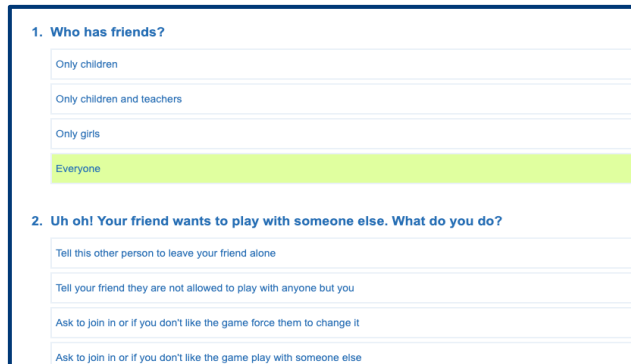
Lesson 2: Choosing and making friends

Whole Class Activity

Friendship quiz

Inform pupils that in this lesson we will be learning about how to **choose** and **make** friends. Learning how to make friends and to be a good friend are extremely important skills. Friends can make us laugh, teach us things and help us develop as individuals.

Inform pupils they are going to **complete** a quiz that is going to **ask** them how to make new friends and **discuss** how to be a better friend.



1. Who has friends?

- Only children
- Only children and teachers
- Only girls
- Everyone

2. Uh oh! Your friend wants to play with someone else. What do you do?

- Tell this other person to leave your friend alone
- Tell your friend they are not allowed to play with anyone but you
- Ask to join in or if you don't like the game force them to change it
- Ask to join in or if you don't like the game play with someone else

<https://www.educationquizzes.com/ks1/personal-social-and-health-education/friends/>

Complete the online friendship quiz as a class by **asking** pupils to vote for the option they think is correct by **raising** their hand when it is read out.

Select the answer chosen by the majority and **discuss** the feedback given.

Lesson Plan

Engage
&
Activate

Lesson 2: Choosing and making friends

Whole Class Activity

Friendship quiz

Introduce learning objectives and learning outcomes.

Use children friendly alternatives:

In this lesson I will:

- **Talk** about how to make friends
- **Think** about how it may feel not to have friends
- **Make** a poster on the qualities of a good friend

Discuss key vocabulary and **share** definitions.

skill	being able to do something well
quality	something good about another person
kindness	the quality of being friendly and nice
develop	to get better over time

Lesson Plan

Explore
&
Explain

Lesson 2: Choosing and making friends

Whole Class &
Independent Activities

Qualities of a good friend

Ask pupils what are the qualities they look for in a good friend? It could be the way they behave or the way they make you feel.

Record pupil responses on the whiteboard.

Responses could include:

- they are funny
- they are good listeners
- they know how to cheer you up when you are sad
- they know how to play fun games
- they are kind

Ask pupils to imagine that they have moved to a new school and are looking for a good friend. The school has asked them to make an advert for a good friend.

Give each pupil a copy of the wanted poster template (**Resource 1**).

Instruct pupils to **draw** a picture of an ideal good friend and then **write** a few words to describe what they are looking for using the ideas discussed earlier.

Once the wanted posters are completed, **place** them around the classroom and allow the pupils to **see** each other's work in the form of a gallery viewing.



Lesson Plan

Elaborate
&
Reflect

Lesson 2: Choosing and making friends

Whole Class & Paired Activities

How to make friends

Explain that we will now be **watching** a video about a boy called Alvin who was scared he would be rejected at school because of scarring on his body. Let's find out if Alvin manages to make any friends.

Watch the video (2:22).



<https://www.bbc.co.uk/bitesize/clips/ztc3cdm>

Discuss the following questions as a class:

- Did Alvin manage to make any friends? (Yes)
- Who did he make friends with? (Luke)
- What did Alvin do to help him make friends with Luke? (Letting him have a go first, inviting him to his house so he could spend more time with him)

Ask pupils: What else could we do to help us make friends?

Responses could include:

- find things to share with your friend that you have in common with each other
- start a conversation with them by asking them about their hobbies
- be a good listener
- share your toys with them
- include them in your games

Ask pupils to **discuss** with their partner how might Alvin have felt if he didn't make any friends.

Explain that sometimes it can be difficult to make friends, therefore it is important to try to think about how others may feel and try to include them in our games.

Lesson Plan

Evaluate
&
Review

Lesson 2: Choosing and making friends

Whole Class & Paired Activities

Good friends

Read the following hadith to the class:

The Messenger of Allah ﷺ said:

‘You cannot satisfy people with your wealth but satisfy them with your cheerful faces and good morals.’

Bulugh al-Maram

Explain to pupils that we **learn** from this hadith that good friends are those that cheer us up and have good manners and behave well.

Ask pupils to **reflect** on how they can be better friends.

Take feedback on the types of qualities they would like to develop.

Review learning by referring to learning objectives and learning outcomes.

Pose questions to check understanding and clarify misconceptions using **think, pair, share**:


- What are some of the qualities of a good friend?
- How might it feel not to have any friends?
- What are some of the things we can do to make friends?
- How can you be a better friend?

Wanted poster

WANTED!

LOOKING FOR

A GOOD FRIEND



You should be:
