

'Believe you can'

1st September 2020

RE: Updated information about coronavirus (COVID-19)

Dear Parents and Carers,

Asalaamalaykum,

Further to the information we sent out last week, please find below some additional information which has been updated to reflect the most recent government guidance - which was released late on Friday 28th August.

COVID-19 symptoms: In the event that your child - or anybody else in your household is displaying COVID-19 symptoms, they must **not** come to school. The main symptoms of coronavirus are:

- high temperature this means you feel hot to touch on your chest or back (you do not need to measure your temperature);
- new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual);
- loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

For more information, read the further guidance on symptoms.

COVID-19 self-isolation and testing: If you or your child have one or more of these symptoms, you must self-isolate straight away for 10 days. Please also note:

- If you or your child live in the same household as someone with COVID-19 symptoms, you must self-isolate straight away for 14 days;
- In addition to following the rules to self-isolate (with other members of your household) you and your child must get a test to find out if you have COVID-19.
- If your test is returned as 'negative' your household members no longer need to self-isolate. If you feel well and no longer have symptoms similar to COVID-19, you can stop self-isolating (unless you have been contacted separately by NHS Test and Trace as a contact of someone who has tested positive).

For more information about getting tested for COVID-19, click here.

NHS Test and Trace: If you or your child test positive for coronavirus, the NHS Test and Trace service will send you a text or email alert or call you with instructions of how to share details of people with whom you have had close, recent contact and places you have visited. You must share information promptly about any recent contacts through the NHS Test and Trace service to help the service alert other people who may need to self-isolate.

Returning from travel abroad: If you or your child have returned from travel abroad within the last 14 days, it is important to check whether you need to self-isolate. The current guidelines for UK residents returning from travel abroad state that:

- You **must** self-isolate if you visited or made a transit stop in a country or territory that is not on the travel corridor list in the 14 days before you arrive in England;
- You **do not** need to self-isolate if you've travelled from an exempt country or have been in an exempt country for the last 14 days. Exempt countries include all parts of the UK, the Republic of Ireland, the Channel Islands and the Isle of Man.

For the most up to date guidance about returning from abroad - including a list of exempt countries - click <u>here</u>.

Face masks: In line with the latest guidance from Public Health England:

- •The government is **not** recommending the universal use of face coverings in all schools:
- Primary school children **do not** need to wear a face covering in school;
- •There are additional risks associated with the incorrect wearing of face masks by young children.

Should you wish for your child to wear a face mask on their journey to / from school, please ensure they remove it (before entering school) and store it safely within their own bag until home time.

I have enclosed a letter from Bolton's Director of Public Health regarding the issue of face masks.

School map for dropping / collecting children: In order to ensure the safe travel (around school) for all adults and children, we have devised a one-way route which must be followed at all times without exception. Please refer to the map at the end of this letter. In the event that we feel the route does not work or needs to be changed, we will update you accordingly.

Finally, I would like to ask for your patience and absolute support to enable the school and its community to adhere to the COVID-19 safety guidelines at all times.

We very much look forward to welcoming your child to school on Wednesday 2nd September!

Yours sincerely,

Mr. H. Asghar Principal

Enc. Map of school exterior and letter from PHE re face masks

Principal: Mr. H. Asghar Adelaide Street, Bolton. BL3 3NY

Aerial view of The Olive Tree Primary School with entrances and one-way system marked

